

First Aid – 1 Day Appointed Persons



Why do you need it?

To help preserve life in the event of an accident. To gain a recognised qualification which is valid for 3 years upon successful completion.

Who is it for?

All persons on site who hold basic first aid responsibilities and to supplement the qualified 4 day first aider.

Pre-requisites

None

Aims:

- Preserve life
- Prevent further harm
- Relieve pain and suffering

Content

- Managing a first aid incident
- Performing an initial assessment of the casualty
- Managing an unconscious casualty
- Performing cardio-pulmonary resuscitation
- Recognising and dealing with a casualty who is choking
- COSHH Assessments
- Who might be harmed and how?
- Method statements

What next:

- First Aid at Work Course – 4 day
- IOSH Working Safely
- Manual Handling

Duration: 1 day

For more details contact us on 01322 221900